

**DERMATOLOGY +
PLASTIC SURGERY**
For Your Best Self
SALUJA | NOVO | GASGARTH

Sofwave is a non-invasive next generation ultrasound treatment to lift, tighten, and tone the brow, face, neck and skin. It improves lines, wrinkles, and sagging skin without downtime.

Sofwave Pre-Treatment Care:

- Arrive to your appointment as directed and do not apply any skin care products or make up after cleansing for the first time.
- A team member will give you ibuprofen 800 mg to take with a glass of water. Please eat before your appointment.
- Photos and consent will be done if not done prior to this.
- A team member will cleanse the skin and then apply topical numbing, which will stay on for 30+ minutes.
- Reasons not to treat with Sofwave: cystic acne, open wounds, metal implants in treatment area (Please notify us if any of these apply to you.)

Sofwave Post-Treatment Care:

- There may be some redness and/or swelling for a few hours after treatment. (uncommon).
- There should be no pain when the treatment is complete, warmth / tenderness is possible.
- There is no post-treatment care needed, resume normal activities and normal skin care routine.
- Please return in 3 to 4 months for follow up and photos!

Treatment is typically 30-45 minutes in length after preparation time. Typically, one to two treatments are needed for correction and one maintenance treatment is recommended every year. The full effects of the treatment appear gradually. It can take 3 months after the treatment(s) are complete for full results, and some patients see results starting at 2 weeks.

Note: Avoid dermal filler in the areas being treated for two weeks prior and two weeks post treatment.

Rare:

If the skin is broken or a blister appears, contact the office.